



# DIRECTIVES

from Heaven

"Include My Mother's messages to the world with My words of direction also: biweekly, in directives to Our clergy and laity."

## MANNA FROM HEAVEN

"He that eateth my flesh, and drinketh my blood, abideth in me, and I in him. As the living Father hath sent me, and I live by the Father; so he that eateth me, the same also shall live by me. This is the bread that came down from heaven. Not as your fathers did eat manna, and are dead. He that eateth this bread, shall live for ever."  
— St. John 6: 5-59

*We are presenting excerpts from the treasury of heavenly messages given by Our Lord and Our Lady to their voice-box seer Veronica Lueken, from the years 1968-1994.*

### MANNA FROM HEAVEN

"I have a great secret to give to you and all those who are knowledgeable. Human food is not necessary. Know, there is a secret I reveal to you at this time. You can be nourished by the Body and Blood of My Son. For the secret, My child, is that you will be fed the manna from Heaven.

"You ask, My child, what is 'manna'? At this time, My child, let us just call it the food of the angels."

*Our Lady, September 13, 1974*

### NOURISHMENT FROM HEAVEN

"The greatest detrimental factor in the family and home is the desire for the material. Better that you live in the gardens and fields with the nourishment of manna from Heaven, than to be filled with the abominations of the world.

"Man has lost his way. Man has set himself from the road to the Kingdom. He has not much time to return to the road. He will gather his family about him and save those he loves, and in the charity of his heart seek to set an example for his neighbor."

*St. Joseph, March 18, 1973*

### BREAD OF LIFE

"Your children are wandering. . . their souls will be destroyed when they are not given the Bread of living life. This Bread will only be obtained in the sanctified House of My Son. Satan seeks to remove the Tabernacle from among you."

*Our Lady, August 5, 1973*

### REAL PRESENCE

"You violate your sacred trust. You have taken the Body of your Creator, the Son of your God in the Trinity, and violated Him. You must do your eating at home! When you come to the great Sacrifice, the Holy Sacrifice of the Mass, you come in reverence. You must go down upon your knees and do penance now for the offenses to your God! . . .

"As in the past, cannot you recognize the mystery of Heaven and earth? Did not the staff of Moses turn into a serpent in the will of God? Did not the river in Egypt turn into blood in the will of God? And cannot God, in

His will, come to you changing the bread and wine into the actual Presence, the real Presence, the factual Presence of His Body and Blood?"

*St. Michael, February 1, 1977*

### KNEEL

"My children, kneel before your God in the Eucharist. Do not stand like you stand in meeting halls, but kneel and give Him a just love and observance of honor."

*Our Lady, July 14, 1979*

### ELIXIR OF LOVE

"Less and less honor is being given to My Son in the Eucharist. Will you not love Him? Express and act upon your love by comforting My Son in the tabernacles of the world. Visit Him more often, for He grows lonely in His House. Graces in abundance shall be given to all who seek My Son in the Eucharist.

"Hasten, repair to the tabernacles of the world, My children, while the doors of My Son's houses, His Church upon earth, are still open to you. Many countries shall be deprived of this source of great grace, and there shall be anguish of heart. Accept this elixir of love, My children—the Bread of life, the Eucharist."

*Our Lady, November 20, 1979*

### HONOR

"All honor must be given to My Son in the Eucharist. Man must kneel. My Son's House is the House of God and a house of prayer, and it must not be turned into a meeting hall."

*Our Lady, July 25, 1979*

### RECEIVE DAILY

"Receive the Eucharist daily. I come to you; I am with you."

*Jesus, August 4, 1979*

### REVERENCE

"My children, you must join your hands in reverence at the Sacrifice of My Son. It is an expression of love, gratitude, and respect. Reverence and respect and holiness must be returned to My Son's Houses, churches, throughout the world, reverence, holiness, and respect from the beginning to the end of the sacred service!"

*Our Lady, September 6, 1975*

### CONFESS

"My Son is much grieved, My child, in the manner in which many come to Him in His House. They come with disrespect. They do not have love for Him in their hearts.

"My child, please, they lead themselves onto the road to satan. They must not accept My Son with sin in their hearts. Many do not go to Our representatives. They accept My Son with sin on their souls! Shout it, My child, from the roofs: you must honor the Eucharist!"

*Our Lady, November 23, 1974*

### PURIFIED

"When a man has stepped over the threshold and allowed himself to fall into mortal sin, he must be purified by trial, but he must also, My children, be purified by the rule of penance and confession. "What manner of evil is being set now upon mankind that compels him to lose his soul by rejecting the Sacraments, by no longer confessing to his confessor, but coming to receive My Son in sacrifice, while his soul is degraded by sin of mortal nature!"

*Our Lady, September 7, 1976*

### BREAD OF LIFE

"I left with you the Bread of life; I gave Myself to you. I am always among you in the tabernacles of your world. No man shall enter the Kingdom unless he eats of the Bread of life."

*Jesus, May 26, 1976*

### VERY LONELY

"My Son is very lonely in His House. Won't you come with compassion and ease His loneliness? You do not abandon those you love. Have you no love for your Creator? Have you no love for He Who gave His life upon earth for you? Have you no love for He Who still sheds His Blood for you?"

*Our Lady, March 18, 1973*

## BACKGROUND STORY

### "THE LOURDES OF AMERICA"

Veronica Lueken, the seer of Bayside, was a wife and mother of five children. She went to her eternal reward on August 3rd, 1995. St. Theresa the Little Flower promised to greet her with a bouquet of red roses when she arrived in heaven.

Our Lady appeared to Veronica in her home on April 7, 1970, informing her that She would appear on the grounds of the old St. Robert Bellarmine Church in Bayside on June 18, 1970; that vigils of prayer be held there (now temporarily held at the Vatican Pavilion Site in Flushing Meadows Park), and that full directions be given to the clergy of the parish to prepare for Our Lady's first visit there.

Our Lady also requested that a Shrine and Basilica be erected on this Her chosen Sacred Site, which is to be named "Our Lady of the Roses, Mary Help of Mothers." She promised to come on the eve of the great feast days of the Church. The Blessed Mother also instructed Veronica to disseminate the message given to her throughout the whole world.

Our Lady has requested that the Rosary be recited aloud by the crowd during the whole of the Vigil. All are requested to kneel in the presence of Jesus. The Message was repeated word for word by Veronica. Veronica also described what she saw. All has been recorded on audio tape.

Make copies and pass out or mail to as many people as possible.

**WEEP**

“The greatest strength for you, My children, is to remain with My Son by the tabernacles of your world. Go to them, My children, while you still can, for the day will come when they will be closed to you. Weep with My Son; pray with Him, for you hold the balance for the destruction or the salvation of mankind.”

*Our Lady, April 17, 1976*

**TABERNACLES**

“Satan cannot take the light from you if you remain with My Son in the Eucharist. Pray, My child, that the doors of the tabernacles are not shut to your country—so great are the conquests of satan.”

*Our Lady, December 24, 1974*

**FOUNDATION**

“Remember that the heart and the true foundation of Jesus’ House is the Eucharist, that you receive in the Holy Communion. Woe unto that day, My child, when this is even denied you!”

*Our Lady, June 15, 1974*

**REFUGE**

“My child, this is My Son. We ask all mankind to save their eternal soul, their immortal soul, in the Blood, the wounds of My Son.

“The tabernacles of the world shall be your refuge. Come to My Son. He will nourish you with His Body.”

**GREATEST SORROW**

“The greatest sorrow that smites My Heart, My children, is the desecration to My Son’s Body. These abominable acts are being committed by His own in His houses, His churches upon earth.

“I repeat again that none shall bring the sacred Body of My Son, His Body and Blood, to another but a legally-ordained priest with consecrated hands. I say, My children, consecrated hands, blessed hands, washed clean by the Holy Spirit! No man shall render excuses for defilement of My Son’s Body.”

*Our Lady, May 14, 1977*

**BOW YOUR KNEES**

“Remember, My child, shout it from the roof. My Son is with you until the end of your time. It is truly His Presence, His Real Presence, His divine Presence, His Body and His Blood. Do not treat Him with disrespect! Bow your knees; cover your head! Do not chew Him!”

*Our Lady, June 8, 1974*

**GOODNESS AND LOVE**

“You must enter the houses of your God properly clothed and with goodness of heart, not disporting yourselves as pagans.

“A quietude must be returned to the House of God. You come to communicate, My children, in spirit and body with My Son Who is with you in your Eucharist in Spirit and Body, a true physical Presence. Many now are despoiling His Body. How many have set themselves to solace Him in the evil that is about the world now?”

“Yes, My child, it is a sad but true fact that many have given Him again to the despoiler. There are within your country many churches of the adversary—satan. You must not take the Body of My Son in your hand! You open the door for the entrance of evil spirits to defile My Son’s Body! The consecrated fingers of a duly ordained man of God, the priest, shall place My Son into your mouth, and you must absorb His Body with goodness and love.”

*Our Lady, March 22, 1975*

**SATANISTS DEFILE THE HOST**

“The agents of hell seek to ravish My Son’s Body, My child. Protect Him! Do not allow the agents of satan to desecrate Him! Foul and unclean hands snatch Him. My child, save My Son! I plead with My children not to place My Son’s Body in unclean hands. You must not give My Son’s Body over to unclean hands. O woe! Whatever shall become of this degenerate generation!”

*Our Lady, November 23, 1974*

**SACRILEGE**

“My Son is not pleased with the manner in which His Body and Blood is being given to all of the humans upon earth.

“Communion in the hand has not been, and will not be accepted by Heaven. This is a sacrilege in the eyes of the Eternal Father, and must not be continued, for you only add to your punishment when you continue on in the ways that have been found to be displeasing to the Eternal Father.”

*Our Lady, June 30, 1984*

**DESECRATION**

“My child, you ask why I cry? I shed tears of great anguish. I watch anew the desecration to My Son’s Body being committed upon earth.

“None shall place their hands upon His Body! My Son has given you in trust those He has chosen among mankind to represent Him, your priests. None others shall carry My Son to mankind! You shall not defile His Body by giving Him into the hands of women, or those that have not been prepared by the Father as legally ordained priests in the houses of God. Laziness, preoccupied with the world and the pleasures of the flesh! Return to your habits and set an example as a man of God in the House of God—an example that will gather the sheep, not scatter them!”

*Our Lady, November 1, 1974*

**MAN OF GOD**

“A priest is a man of God, chosen solely from the world to be a representative of the Son of God, my sisters and brothers. As a man of God, he brings to you the Body and Blood of your Savior.

“I tell you, my brothers and sisters, that none shall take in his or her hands the purified Body of your Savior! Only the consecrated fingers and hands of the representative of Christ the Lord shall give and bring this gift to mankind!”

*St. Theresa, October 2, 1975*

**THE LAST SUPPER**

Veronica - I see a very large mural in the sky now. It’s dark all about it. And I know it’s a plaque; it’s like a plaque up here in the sky, and it shows the twelve apostles during the Last Supper. I see great sadness in their faces because of the violation of the Host now.

*September 7, 1977*

**SINISTER PLAN**

“I ask you, My children you ask Me many times in your prayers, shall you accept My Son’s Body in your hands? I say no! And no again for reason!

“You cannot judge all those about you, My children, who have accepted this diabolical practice under the guise of leadership. No, My children, this was brought about to desecrate My Son, to take from Him the truth of His divine nature. No one who hears My voice must accept My Son’s Body and Blood in the hands! The chalice shall turn, and you shall be bathed in His Blood!

“It was, My children, a sinister plan from the depths of hell to remove the knowledge of the divinity of My Son from among you.”

*Our Lady, February 10, 1978*

**DELUDED**

“Again and again I wander to and fro directing My children to remain close to the Eucharist, the Bread of life. But do not become misguided: Do not accept My Son’s Body in your hands.

“Satan, Lucifer, came as an angel of light and set his agents among the hierarchy of My Son’s Church and deluded them. All manner of abominations are being committed upon My Son’s Body now.”

*Our Lady, July 15, 1978*

**BLASPHEMY**

“Many are giving My Body in a manner that can only be called blasphemy. Many are accepting My Body in the Eucharist in a manner that defames the Divinity, and also promotes unholiness, paganism, and impurity of heart and actions during the Holy Sacrifice of the Mass.”

*Jesus, May 26, 1979*

**PURIFIED FINGERS**

“We ask and repeat that no one handle in unconsecrated hands the Body of My Son! It will be defiled and discarded, unless only a legally-ordained priest, a man of God, with purified fingers of the Holy Spirit, give the Body and Blood of My Son to each one under his care.”

*Our Lady, September 6, 1975*

**SATANISTS**

Veronica - All of good spirit and heart will make now a concerted effort to soothe the injured heart of Jesus at the tabernacles of the world.

Communion in the hand was promoted by satan because of the rise of satanists now in our country and in the world. They are conducting black mass secretly and openly. The children are the greatest victims of this evil.

The sacred Species, the Host, is being used during these rituals of black mass and satanism in a most abominable way. Please, Our Lady says, do not accept the Host in your hand. Do not allow this to be done without an outcry.

*November 19, 1977*

**ONLY EXCEPTION**

“Only in dire need of death shall a man—I say a man, not a woman or a child—shall a man be given the power through the legally-ordained priest to bring in urgency and haste the Host to the dying!

“This debasement to My Son’s Body shall not go unpunished!”

*Our Lady, August 21, 1975*

**SOILED HANDS**

“No soiled hands can touch My Son’s Body. Only God can purify the hands.”

*Our Lady, September 7, 1970*

**UNCLEAN HANDS**

“Look, my child, upon the abominations that have fallen into the cup. Unclean hands shall stain the Body of your Creator.”

*St. Michael, September 28, 1973*

**HOLY HOUR**

Our Lady instructed Veronica to hold a Holy Hour each and every Sunday for the intentions of the Pope and all clergy, and in reparation for the profanation of the Lord’s day. The weekly Holy Hour is held at 10:30 a.m.; the Vigils of prayer from 7:30 to 10:30 p.m.—both events at the Vatican Pavilion Site in Flushing Meadows-Corona Park, borough of Queens, in the city of New York. The Apparitions continued until June 18, 1994, and a message was given every Vigil that Veronica was present.

For more information, additional copies, and a calendar of upcoming vigils, including a map, write directly to: